

# TOULOUS *Bushey*

All our dishes are prepared in kitchens where nuts, flour, etc are commonly used so unfortunately we cannot guarantee our dishes will be free of traces of these products. Olives may contain stones.

Fish and meat may contain bones. All dishes may contain items not mentioned in the menu description.

All prices include vat at the current rate. All tips paid in cash are retained by waiters and these are shared by them with other employees.

## WRAPS

+ in soft tortilla, salad & crisps

### VEGGIE 8.95

Selection of roasted vegetables, feta & rocket

### TRICOLORE 8.95

Mozzarella, cherry tomato, avocado & pesto

### FALAFEL 8.95

Chickpea balls, hummus & salad with tabuleh on the side

### FISH FINGER 8.95

Breaded cod, cucumber, lettuce, mayo & gherkins

### CHICKEN SCHNITZEL 8.95

Chicken schnitzel, hummus & Israeli salad

### CHICKEN & PESTO 8.95

Char-grilled chicken, salad, olives, pesto & parmesan

### DUCK 10.95

Aromatic pulled duck, cos lettuce, cucumber, spring onions & hoisin sauce

### BOREWORS 9.95

South African beef & lamb sausage with salad, caramelised onions & mustard mayo

## BREADS

+ salad & crisps

### SMOKED SALMON & CREAM CHEESE 8.95

### OPEN BAGEL

On a toasted bagel with Israeli salad

### AUBERGINE, EGG & HUMMUS BAGEL 8.95

Aubergine, sun blush tomatoes, hard boiled egg & hummus

### CLUB SANDWICH 10.95

Char-grilled chicken, mayo, avocado, crispy bacon & lettuce on toasted white or brown

### SALT BEEF 10.95

Piled high with mustard on rye, pickled cucumber & salad

## MELTS

### CHEESE & TOMATO TOASTIE 6.95

### TUNA MAYO & CHEESE TOASTIE 7.95

+ white, granary  
+ salad & crisps  
+ Gluten free +.50

## LEAVES

+ house dressing

### HOUSE 10.95

Chicken, bacon, avocado, hard boiled egg, cherry tomato, cucumber, roasted red onion & parmesan cheese

### ROASTED VEGETABLES 10.95

Selection of roasted vegetables, artichoke, sun-blushed tomatoes & feta

### BOSCO 10.95

Warm mushrooms, mozzarella, roasted vegetables, sun-blushed tomatoes & avocado with balsamic glaze

### ROOTS 10.95

Butternut squash, sweet potato, roasted vegetables, halloumi & quinoa with toasted pumpkin seeds

### SUPERFOOD 10.95

Feta, avocado, broccoli, cucumber, beans, edamame & quinoa

### ASIAN SALAD 12.95

Teriyaki grilled salmon, cos lettuce, avocado, cucumber, edamame, broccoli & sesame seeds with teriyaki dressing

### AROMATIC DUCK SALAD 12.95

Aromatic pulled duck, cos lettuce, avocado, spring onions, edamame, cucumbers & pomegranate with hoisin dressing

### CRAB SMOKED SALMON & AVOCADO 12.95

White crab meat with smoked salmon, avocado & cherry tomatoes

### NICOISE 10.95

Tuna, olive, hard boiled egg, french beans, cucumber, tomato, new potatoes & cos lettuce

### CHICKEN CAESAR 10.50

Char-grilled chicken, cos lettuce, parmesan & roasted croutons with caesar dressing

## BAKED POTATOES

+ salad

### Cheese 7.95

### Baked Beans 7.95

### Cheese & Crispy Bacon 8.95

### Cheese & Baked Beans 8.95

### Tuna Mayo 9.95

### Roasted Vegetables 10.95

## BURGERS + MAINS

+ toasted brioche bun, lettuce, tomato, mayo & coleslaw

### CLASSIC 8.95

8oz beef

### CHICKEN FILET 8.95

Char-grilled chicken

### FISH FINGER 9.95

Breaded cod, tartare sauce & gherkins

### HALLOUMI & MUSHROOM 9.95

Grilled halloumi and mushroom

### SHARING PLATTER FOR TWO 12.95

Falafel, hummus, taramasalata, tzatziki, halloumi, olives, tabuleh, leaves & pita

### ISRAELI PLATTER 10.95

Smoked salmon, halloumi, avocado, hummus, olives, Israeli salad & pita

### SALT BEEF PLATTER 12.95

Salt beef with a pickled cucumber, coleslaw & salad

### SALMON TERIYAKI 13.95

Teriyaki grilled salmon filet, pad broccoli & jasmine rice

### MAC & CHEESE 8.95

Topped with creamy cheese sauce with melted grated cheese

+ bacon

## SIDE ORDERS

### Skinny fries 3.25

### Sweet potato fries 3.95

### Coleslaw 2.95

### Mixed salad 3.95

### Marinated olives 2.95

All food is freshly cooked to order

020 8387 0800 • 92 High Road, Bushey Heath, Herts WD23 1GE

hi@toulous.co.uk • toulous.co.uk



@wearetoulous



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## COLD DRINKS

### FENTIMANS

+ victorian lemonade, pink lemonade, wild english elderflower, mandarin & seville jigger

**3.95**

Bottled coca cola 33cl

**2.75**

Bottled diet coke 33cl

**2.75**

Small bottle water

**1.95**

Kids apple juice

**1.75**

### FRESH FRUIT JUICE

+ orange, carrot, apple

**3.25**

### THICK MILKSHAKE

+ chocolate, strawberry, banana

**3.95**

+ crunchy, aero mint, malteser, kitkat, oreo

**4.95**

### FRESH FRUIT SMOOTHIES

+ berry, exotic, tropical, green

**4.50**

### ICED COFFEE

**3.95**

### BEERS

Peroni, Corona

**3.95**

### WINE 175ML

+ Red, White, Rosé

**5.95**

## HOT DRINKS

### COFFEE

Americano

**2.50**

Espresso

**1.90/2.20**

Cappuccino

**2.35/2.75**

Hot chocolate

**2.50**

Latte or Flat White

**2.75**

Mocha

**2.75**

Cortado

**2.50**

Extra shot

**.30**

Flavoured syrup

**.50**

### FRESH LOOSE LEAF JING TEA

Inspired by Asia's great tea cultures, picked & packed at source for unrivalled freshness

#### Served in glass filtered pots

Assam English breakfast

**2.50**

Ceylon Earl Grey

**2.75**

Fresh mint

**2.25**

Rooibos

**2.75**

Fresh lemon & Assam English

**2.75**

Blackcurrant & Hibiscus

**2.75**

Organic Jade Sword

**2.75**

Decaffeinated Ceylon

**2.75**

Whole camomile flowers

**2.75**

Soya or almond milk available

**.30**

## KIDS MENU FOR UNDER 8'S **6.95**

+ kids apple or orange juice

Fish goujons & chips

Chicken goujons & chips

Vienna's & chips

Penne plain, cheese, napoli

+ one scoop ice cream

(vanilla, strawberry or chocolate)

## SWEET

Selection of gateaux, tarts & loaf cakes, please enquire

### LOAF CAKES

**3.95**

### CAKES & GATEAUX

**4.95**

### TEA CAKE OR TWO CRUMPETS

**2.95**

+ butter & jam

### PATISSERIE, MUFFINS & COOKIES

**2.95/1.95**

## FROZEN

### ICE CREAM

**PER SCOOP 1.50**

+ chocolate, vanilla or strawberry

One, two scoop or three scoops

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